

75 Arnot Street, Bonnie Doon. Vic. 3720 P: 03 57 787 722 E: bdcc@bonniedooncommunity.com

### WHAT'S ON?

J U L Y , A U G U S T , S E P T E M B E R 2 0 2 5

The Bonnie Doon Community Centre is a not-for-profit Neighbourhood House located on Taungurung country.

We receive funding from the Victorian Department of Families, Fairness and Housing to provide the community with opportunities to enrich their social environment. We bring people together to connect with each other, to build relationships and to embrace diversity through social, educational and recreational activities.

We actively support health and wellbeing and foster a sense of belonging. Our Grounds feature a picnic area with electric BBQ, a children's playground, tennis court and basketball ring—all available for public use around the clock. Our Centre is open during the week.

Why don't you pop in for a cuppa, the kettle's always on!

### **Opening Hours:**

Mon:10am - 2:00pm Tues- Thurs: 9:30am- 4:30pm Fri: 10am - 2:00pm



Bonnie Doon Community Group Inc.

ABN 76 165 429 404

### We provide:

Programs, Activities
Health & Wellbeing Classes
Meeting-Groups
Book Borrowing
TV & Comfy Sofas to Relax,
Laminating, Emailing,
Printing Services,
Opportunity Shop,
Public Computer, Free
Wi-Fi Eftpos facility and
Room Hire



On Behalf of the Bonnie Doon Community Centre we would like to give a BIG thank you to Jenny and the team from DPG for printing our "What's On" and The Bridge, Thank You!



Our mission at DPG is:

'Work hard! Have fun! Make a difference!'

We are dedicated to making a positive difference not just to our customers but to our community and we are delighted to support the publication of the latest edition of the 'What's On?' guide for the Bonnie Doon Community Centre.

Thinking of selling?

Give me a call for a free, well researched appraisal and expert marketing advice.

1300 222 262 | 7 DAYS A WEEK



RESIDENTIAL | LIFESTYLE | RURAL | NORTH EAST VICTORIA #1 FOR PROPERTY SALES IN MANSFIELD DISTRICT

#### CENTRAL GENERAL PRACTICE GP CLINIC

JULY 3RD, AUGUST 7TH AND SEPTEMBER 4TH

Please call Central General Practice on 5775 2591

to make an appointment to see Dr. Will Twycross here at the Bonnie Doon Community Centre.

FIRST THURSDAY OF EVERY MONTH



### **MASSAGE @ THE BDCC**

WITH HELEN NEALE

DIP. REMEDIAL MASSAGE

1 HR REMEDIAL MASSAGE \$85

1 HR REIKI \$65

Bookings Essential - starts Friday 25th of July

Call Helen on 0409 352 221 to book (Fridays from 11am at the BDCC)

### Tech Tuesdays

Need help with something online, digital problems or issues?

Or need help updating your computer skills?

Every Second Tuesday afternoon between 1:30 and 3pm

We have a DIGITAL MENTOR on hand to hopefully be able to assist with your digital concerns

July 8th, 22nd August 4th, 18th September 2nd, 16th

**Bookings essential 5778 7722** 

### JOIN THE BDCC LIBRARY.

We offer a free library service with a great collection of books; classics, some new and more recent stories, (expanding our collections into Non Fiction, Special Interest and Large Print) we will certainly have a book for you!

Pop in and join up now and start borrowing for FREE.

Don't have time to look through our selection of books at the Centre, visit our website and online book list and watch our video on how to Join!

Our amazing volunteer librarian's have you covered! For more details contact the centre on 5778 7722



### **BDCC**

### READING CLUB

Join our reading club on the

First Thursday of the month

July 3rd Aug 7th Sept 4th

@ 1pm in the Library



All Welcome
Gold Coin
Donation

BDCC Working Bee



Saturday August 23rd at 11:30am

Bloom at Doon is happening soon, help us keep the centre garden and grounds looking beautiful.

Bring your gardening tool's and join us for a free bbq afterwards

## Save the Date

Saturday 30th August

8am till 2pm

# Bloom@Doon

Community Plant & Garden Market

@Bonnie Doon Community Centre \*Volunteers needed

for Bloom@Doon.

Call 5778 7722 for more details.

FOLLOW US ON FACEBOOK FOR EXCITING UPDATES





Meet 'Bloom' our mascot!

Presented by Bonnie Doon Community Group, Bonnie Doon CFA and Maindample CFA



### **MONDAY MINGLE...**

All welcome to come along and join in the *creative fun, frivolity and fabulous* socialising!

Mondays from 11 am

Fun activities like crafts, handiworks, music, games and much more!
Bring your creative ideas along or just chill and chat.

Cost \$4pp

Call the Centre for more information!



Cuppa and "Mutual"

Mental Health

Support ...

### "LET'S TALK"

### Wednesdays 10am to 11am

Join us for a cuppa to chat about how we feel in our everyday life.

A safe space to talk about lot's or little, in an informal, inclusive and non judgmental setting.

No bookings - Free

### **Dog Walking Group**

**Dogs of Bonnie Doon!** 

Join other locals in walking your dog(s).

Fridays at 9am

Meet at the BDCC Grounds for a short enjoyable walk along the rail trail.

No bookings -

Just show up!



## POETRY BY THE FIRE

BONNIE DOON Thursday July 10th



An afternoon of warm and enjoyable poetry readings by "High Country Poets" at the Bonnie Doon Community Centre

2pm - 4.30pm at 75 Arnot Street, Bonnie Doon

\$5.00 PER PERSON INCLUDES AFTERNOON TEA



LIMITED SEATING BOOK NOW PH. 5778 7722

### **Ancona Museum Tour**

A Visit to Ken's Ancona Museum. An extensive collection of artifacts, including household items, farm machinery, memorabilia and much more.

Sunday 27th of July Cost \$10 pp

Bookings essential (limited to 10 people)

Call the Centre on 5778 722 to book.

Meet 1pm at the Bonnie Doon Community Centre and carpool if suits.



### **EUCHRE Card Night**

Do you like to play EUCHRE?

If you do, why not come and join us for a bit of fun.

### **Every Monday @ 7pm \$5pp**

Call 5778 7722 for any enquiries

### **Community Connections Officer**

@ BDCC-23rd July 10:30am 20th Aug 11am 17th Sept 11:30am

The Community Connections Program (CCP) is proudly supported and funded by Mansfield Shire Council. The program aims to build a stronger more connected community, increase access to information and essential services, advocate for community members, and increase social connections.

To book your appointment with Jill call 5775 8515 or email jill.o'halloran@mansfield.vic.gov.au

### **BRAIN GAMES**

### "Use it or Lose it!!

Come along for some social fun that's good for your soul!

Have a laugh and help promote mental health, cognitive skills, mindfulness and wellness through brain games.

10.30am—12.30pm Twice a month

(During the school term)

Starts back Tuesday the 22nd of July

light refreshments provided—\$4.pp

### MATH TUTORING AT THE BDCC!



We offer MATH tuition for all levels of math by a qualified tutor through the school

term. Cost is \$5, places are limited and by appointment only. For more information contact the Centre on 5778 7722 or email youthgroup@bonniedooncommunity.com

## Youth Group

4-6 pm Every second Wednesday through the school term (STARTS BACK 30TH JULY)

Hang out in an inclusive, fun space, with mixed activities for ages 12-17!

Join our Youth Committee, giving our local youth a voice! Voice = Choice

For more information call 5778 7722 or email youthgroup@bonniedooncommunity.com





Come along for a fun, interactive, informal play for your little ones!.

Meet up with friends and meet some new faces.

For pre-school aged children 0-5, parents and carers.

THURSDAY 10AM—12PM DURING SCHOOL TERM

Please bring your child's own snack's and water.

**Cost Gold Coin Donation** 



SAVE THE DATE.

## Monday 1st of September 11:30am at the BDCC

SAY YES to YOU!

### Together we are stronger

We know that staying connected isn't just good for us – it's good for our health. Friends are the glue that holds us together and makes looking after ourselves more enjoyable. Whether it's exercising, eating well or just talking about our health – it's always better with friends. Come along and support each, listen to guest speakers...good health is powerful! We want to encourage you to find the support, connection, and information you need to be healthy in mind and body. All welcome to join us for some fun and unlock your own powers for good health. \$5pp—Bring a plate to share, savoury or sweet. Tea and Coffee provided

### Keep an eye on our socials for more details to come!







# Advance Care Planning Information Session

**Hosted by Gentle Transitions Advocacy and Support** 



### **Thursday 21st of August**

11:30am in The Library

All welcome to attend and take part in this community information session. Join a compassionate and empowering conversation about death, dying, and end-of-life planning, conversations about the end of life in a supportive and gentle environment.

Bookings Essential for catering -

please call 5778 7722 to book

Soup provided and a gold coin donation is appreciated.



Looking for a new way to get moving and build connections? Join our

## SOCIAL EXERCISE GROUP

- · get moving in a supportive and safe environment
- move at your own pace, to your own ability
- great opportunity to meet new friends

At the BDCC - Thursdays 10am - Gold Coin Donation







www.mace.vic.edu.au | 5775 2077 | reception@mace.vic.edu.au



### **BDCC Active Movers**

Walk, Talk, Laugh and Exercise!

All the wonderful things to support you with feeling healthy in the mind, body and general well-being...this casual exercise class will get you moving in a fun and inclusive space.

All abilities welcome to join in the fun at the BDCC!

Mondays 10am—11am

Gold coin donation

#### **Become a Member Today!**

Support your Community and

Become a Member of The **Bonnie Doon Community** 

Centre

Cost is only \$6 for singles and \$12 for families!

Membership forms available at the Centre.

(Memberships renewed annually)

For more details call 5778 7722

### Social Exercise Class - Mindful Movement

### Fridays 10am @ BDCC

Enhance your daily movement with gentle exercise and stretching, Improve your flexibility and balance through mindful movement. All abilities welcome, exercise from a chair or free standing. Classes tailored to your needs by our qualified teacher Maria, in a supportive and fun environment!

Term 3: 8 week block up front for \$96 (\$12 per class) or \$15 for drop in / casual—Book today!

**Starts 1st August to 19th September** 



## Community Yoga

Tuesdays 5.30pm—6.30pm in the Library

All welcome to join us for some stretching with our qualified yoga Teacher Maria.

We provide a positive and supportive space for all abilities to enjoy some well deserved mindfulness.

Whether you are new to or returning to yoga!

Term 3: 8 week block—up front \$96 (\$12 per class)

OR \$15 per casual class

Starts 29th July to 16th September

Call the Centre to book on 5778 7722

## **Seniors Lunch!**

Join us twice a month for

a relaxing social lunch and a place to gather, and support one another.

Always a Wednesday—12pm at the Centre.

Cost \$18pp

July 2nd

Christmas in July - 16th July

August -6th ,20th

September 3rd, 17th

Bookings essential—

to join in the fun, call

5778 7722 to book

### **BONNIE DOON**

### **SOCIAL TABLE**

Increase your wellbeing & sense of belonging by joining locals for a meal once a month.

The Social Table meets either at Bonnie Doon Pub or an alternate

local location.

Choose your own meal/drinks that suit your budget and taste.

We book the table each month, so let us know if you can join us!

Last Thursday of every month

@6pm

Check the VENUE when booking.

CALL 5778 7722 TO BOOK.

### "NO Serenity"

School holidays at the BDCC with some fun Naidoc craft and activities!

Thursday 10th Sept. @ 1:30pm \$10 pp

Included in cost: All craft supplies provided, and light snacks.

Limited spots—to book call 5778 7722

(for school age children -parent supervision required)

Keep an eye on our socials for September Holiday Fun!

We have a NEW Website! Our old website is now defunct. CHECK OUT our new website @ www.bonniedooncommunity.com



and follow us on Facebook to stay up to date with what's going on at BDCC.



## **Ladies Night**

A fun winters evening with friends around the cosy library fire.

Come along and celebrate Women's Health week at the BDCC!

SAY YES to YOU!

Together we are stronger

Cost \$10pp



6pm— Thursday 4th September

BYO drinks and plate to share

Keep an eye on our

socials for more details to come!



### **MEN'S NIGHT**

A social get together with local men @ The BDCC!

Join in for a chin wag, laugh and a free feed!

Wednesday 27th of August @ 6pm

BYO drinks-food is

provided courtesy of the Men's Group Fundraising efforts.

Bookings Essential call 5778 7722 to book



## FARM CHEMICAL AND PEST ANIMAL BAITING COURSES

#### **ACUP Course**

**AHCCHM304** Transport and Store Chemicals

**AHCCHM307** Prepare and apply chemicals to control pests, weeds and diseases

**DATE:** Thursday 21<sup>st</sup> August (9am-5pm)

#### 1080/PAPP Course

**VU23656** Implement the legislative requirements for the use of 1080/PAPP pest animal bait products.

Participants at this course must hold a current Agricultural Chemical Users Permit.

DATE: Friday 22<sup>nd</sup> August (9am-5pm)

**LOCATION:** Bonnie Doon Community Centre **COST:** \$50 per course per person

 ✓ Practical, hands-on training
 ✓ Gain essential skills and knowledge
 ✓ Qualifies you for an Agricultural Chemical Users Permit (ACUP) or 1080/PAPP endorsement

For more information email Rhiannon at: landcare2@up2us.org.au

"This project is supported by the Victorian Government through the Agriculture Victoria Partnership Against Pests Program."







Please note many of our activities & programs need to be **BOOKED!** 

Where activities do not have sufficient bookings they may be cancelled without further notice. To avoid missing out, please call the Centre on 5778 7722 to BOOK YOUR PLACE. Your support is appreciated. See you soon at The BDCC!

The Bonnie Doon Community Centre acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of this nation and recognises their continuous connection to country, community and culture.

The Community Centre is located on the traditional lands of the

Taungurung People.

